



## Mineralized Water

**Tests results – research done by Dr Chris M De Beer: 1001 Tzaneen Street, Faerie Glen, Pretoria, South Africa**

**Type of tests: Double blinded: 20 people – 10 taking the mineralized water, and 10 taking the non-mineralized water.**

**Results and comments** from 10 blinded tests: Positive - typically brain washed with info on the product given to them. Physically no real big differences – only the correct foods influenced the positive outcome of results.

The tests done on 10 people who took the real mineral water samples showed extraordinary results! (attached).

### Benefits:

Blood pressure came down by 20%

Iron levels improved by 5%+

Red blood cell count improved on average by more than 10%

Lactate acid improved quickly, showing that because of the Oxygen enriching effect on the red blood cells the blood became more alkaline, and the lactate decreased on an average by more than 25%.

The Uric Acidity on average naturally decreased by 8%.

Ph balance improved in all cases, and that is the most important fact – so will lots of imbalances improve, and be balanced.

Weight was being lost by most of the people – but might have been due to the correct eating habits of some of them. No real proof that the mineral water as a stand-alone will cause weight loss – but may enhance it.

Overall it is a fact that the product (mineralized water) does improve and enhance health – looking at the live blood analysis, there was a huge improvement in the oxygenation of the red blood cells over a very short period of time. Some tests done even showed a difference 15 minutes after taking 5ml in a 250ml glass of water.

10 Cyclists are in a trial period of time now, and are being monitored to see if there are any positive effects on their fitness and health.

I concluded that all normally filtered bottled water in South Africa should be reviewed and adjusted – structured to put the necessary minerals back. It should result in a huge health improvement in society!

If uncertain about anything, please contact me directly.

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Date	M/Women	active	B/Pressure	Iron/Heme	lactate	Uric Acid	Ph	Weight
06/10/2016	M - 33yr	Yes / red	135/88/72	11.2 / 44%	5.2	0.33	7.0	91
08/11/2016			130/83/70	12.1 / 45%	4.5	0.22	7.3	90
06/10/2016	M - 43YR	Yes / white	128/83/66	10.1 / 43%	4.0	0.32	7.0	88
08/11/2016			122/80/67	11.8 / 46%	3.0	0.21	7.4	84
07/10/2016	W - 28yr	No / red	132/88/75	6.6 / 43%	6.6	0.42	6.9	87
07/11/2016			125/82/73	8.8 / 45%	6.0	0.36	7.2	72
07/10/2016	W - 55yr	No / red	142/99/76	7.7 / 44%	6.7	0.34	7.0	77
08/11/2016			127/88/73	10.1 / 46%	4.8	0.29	7.3	68
09/10/2016	M - 62yr	Yes / White	130/88/67	11.1 / 46%	3.4	0.30	7.0	80
08/11/2016			125/83/63	12.4 / 46%	2.0	0.23	7.3	78
09/10/2016	M - 56	Yes / Red	128/88/70	9.9 / 44%	4.2	0.28	7.0	85
09/11/2016			120/81/66	11.0 / 46%	3.2	0.20	7.3	80
10/10/2016	W - 44	No / Red	111/90/77	7.7 / 42%	5.1	0.33	7.0	68
09/11/2016			118/86/74	10.1 / 44%	5.0	0.26	7.3	65
10/10/2016	M - 16	Yes / White	122/82/64	10.6 / 45%	4.8	0.22	7.0	62
09/11/2016			121/80/62	12.5 / 46%	2.0	0.22	7.4	62
10/10/2016	W - 17	Yes / Red	123/82/66	11.1 / 45%	4.0	0.27	7.0	56
09/11/2016			119/85/62	12.6 / 46%	3.3	0.20	7.2	64